

CERTIFICATE

OF PARTICIPATION

This is to certify that

Silas Mpe

Has successfully participated & completed the

10km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 01:06:00

PACE 06:36/km

OVERALL 217 of 765

26 October 2019, Sat

Date

GENDER 160 of 311

50+ 17 of 36



BoutTime

Signature